



# PARENTS GUIDE TO FACEBOOK

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## WHAT IS IT?

Facebook is a social networking site that makes it easy for you to connect and share with family and friends online.

Users can see updates and posts from friends, share photos, videos, information, and chat with friends

## PRIVACY SETTINGS

To access privacy shortcuts, first click the Help Center button on the toolbar, then click Privacy Shortcuts. The Privacy Checkup tool allows you to easily access various settings, including content access, blocking users, and setting restrictions on friend requests.



## SETTING LIMITS

Daily time limit reminders can be set up on Facebook in your Settings & Privacy under 'Your time on facebook'.

You can also mute notifications on your child's phone.

