



ARNOLD ACADEMY

Hexton Road, Barton-le-Clay, Bedford, MK45 4JZ Tel: 01582 616400
Email: admin@arnoldacademy.org.uk Website: www.arnoldacademy.org.uk

Headteacher: Peter Roberts

'The best we can be in all that we do'



24th April 2023

Dear Parents and Carers,

Y8 Relationships and Sex Education (RSE) – summer term

Personal, Social, Health and Economic (PSHE) lessons are taught to all pupils at Arnold Academy. During ECT classes in the summer term, pupils in Year 8 will have RSE lessons and will focus on the following:

Relationships:

- **Relationship values:** explore pupil's relationship values and enables them to practise managing difficulties in relationships.
- **Influences on relationship expectations:** explores issues relating to people's expectations of relationships, including media influence on expectations and the sharing of sexual images (sometimes referred to as 'sexting' or more commonly now 'sending nudes'), the law, the impact, and the consequences.
- **Sexual orientation & gender identity:** explore the key terminology regarding, sexual orientation and gender identity. It provides pupils with the knowledge, skills and attributes to challenge unhelpful stereotypes and promote inclusive behaviour in school and the wider community.
- **Consent: Avoiding assumptions:** look at assumptions that can be made in relation to consent, particularly in new relationships, and how these can be challenged or avoided.

Sex Education:

- **Contraception:** basic information on contraceptives; what they are, how they are accessed and how to use them.

We use lesson plans from the Medway Public Health Directorate RSE schemes of work and these are PSHE Association quality marked. There are example lesson plans in the Curriculum overview section for PSHE on the school website: [Arnold Academy - Curriculum Overview](http://www.arnoldacademy.org.uk/curriculum-overview).

The RSE Policy can be found here

https://www.arnoldacademy.org.uk/_documents/%5B840348%5DArnold_Academy_RSE_Policy.pdf

The policy contains information for parents/carers who may wish to withdraw their children from sex education lesson where contraception is covered. Please complete Appendix 3 and return to Mrs. Purcell, PSHE Lead: CPurcell@ArnoldAcademy.org.uk to ensure that your wishes are understood.

We will be covering the topic of RSE at our parent forum on 3rd May at 5.30pm.

In the meantime, if you would like further information or have any questions, please do get in touch.

Yours sincerely

Alison Boston
Deputy Head

